



SPECIAL ALERT

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OFFICE OF CIVIL RIGHTS (OCR) CYBER SECURITY NEWSLETTER

A recent Office of Civil Rights cybersecurity newsletter discusses software vulnerabilities and patches. Because organizations need to comply with HIPAA security requirements, the government continues to provide information on protecting electronic health information. More details on the HIPAA Security rule can be found in our 2014 March *Benefit Advisor* at http://www.mcgrawwentworth.com/Benefit_Advisor/2014/BA_Issue_2.pdf.

The newsletter discusses a common vulnerability in computer processors sold over the last decade. This security flaw allows malware (for example, Spectre and Meltdown) to bypass controls and possibly access sensitive data. Once this problem was discovered, vendors developed patches to block such bypasses. However, some of the patches affected the performance of certain programs.

Many entities and business associates often use software when they work with EPHI. The Security Rules require these entities to protect EPHI and identify any

potentially vulnerable situations. They must analyze risks, take steps to eliminate them, and establish a process for patching software. Technology and potential security issues change and develop rapidly. Organizations need to be vigilant to keep up on potential threats. One useful resource is the United States Computer Emergency Readiness Team (US-CERT). This organization collects and publishes information on threats that arise. Its website is <https://www.us-cert.gov/>.

Organizations can also identify potential security issues using certain tools. Scanners, for example, are software tools that can test systems and networks for known vulnerabilities, including outdated or unsupported software. Part of any security plan should be finding potential security issues and correcting them. Patches can often keep systems secure.



We welcome your comments and suggestions regarding this issue of our Special Alert. For more information, please contact your Account Manager or visit our website at www.mma-mi.com.

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Patches do not apply only to software on computer systems. You may need to install them on phones, computers, servers, routers and so on. Applying patches can be a routine process. However, sometimes patches can affect the function or output of other programs. As a result, organizations need to evaluate them and understand how they affect their interdependent systems. The newsletter suggests organizations add a patch management process to their security management program. It should include these critical steps:

- **Evaluation** – Evaluate patches to determine whether they apply to any software or systems.
- **Patch testing** – Test patches on isolated systems, if possible, to find any unwanted side effects, such as improperly functioning applications or unstable systems.

- **Approval** – Once patches are tested and evaluated, you can approve them.
- **Deployment** - Your organization can schedule patches to be installed live or with production systems.
- **Verification and testing** – once the patches are in place, your organization should continue to test and monitor systems to make sure there are no unforeseen side effects.

Making sure systems that use or house EPHI are secure is a critical step to complying with HIPAA Security Rules. HIPAA covered entities need to explain how they will handle vulnerabilities in their Security Plan. [MMA](#)

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